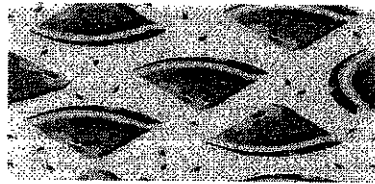


# August 2024



Monday	Tuesday	Wednesday	Thursday	Friday
			1 1.5 oz Hot Dog WW bun 1/2 cup Baked beans 1/2 cup Coleslaw 1/2 cup peaches	2 6- 0.5 oz Swedish Meatballs 1 cup Egg Noodles 1/2 cup Green Beans 1/2 cup Squash Apple
5 3 oz Tuna Salad Sandwich WW 1 Deviled Eggs 1/2 cup Beets 1/2 cup Fruit Cocktail	6 3 oz Beef Strogenoff 1 cup egg noodles 1/2 cup greens 1/2 cup peaches	7 3 oz Meatball Madness WW Roll 1/2 cup Green Beans 1/2 cup pears chefs choice of desert.	8 Chefs's choice	9 3 oz Chicken Parmesan over 1/2 oz Spaghetti garlic Bread 1 cup Side Salad 1/2 cup Mandarine Oranges
12 2 oz BBQ Chicken Sandwich WW 1 Broccoli Bite 1/2 cup Baked Sweet Potatoes 1/2 cup pineapples	13 3 oz Beef - Burrito 1/2 cup Lima Beans 2/3 cup Cooked Carrots 1/2 cup Watermelon	14 3 oz Sweet and Sour Pork 1/2 cup Rice 1/2 cup broccoli 1/2 cup Raw peppers 1/2 cup Pineapples	15 3 oz Turkey and dressing Suprem 1/2 cup Green Beans 1/2 corn Corn 1/2 cup Peaches	16 2 oz Oven roasted Fish 1 oz Vegetable Rice 1/2 cup Greens 1/2 cup stewed tomatoes 1/2 cup Fruit Cocktail
19 1.5 oz Burrito Bowl with Brown rice 1.5 oz Marinated Black bean salad 1/2 cup Pineapples 1/4 cup sour cream	20 3 oz Sweet and Sassy Chicken 1/2 cup Rice 1/2 cup Cooked Carrots 1/2 cup Cabbage 1/2 cup Honeydew	21 2.25 oz Oven Fried Chicken 1 oz Macaroni and Cheese 1/2 cup Broccoli 1/2 cup Corn 1/2 cup peaches	22 Spaghetti and meat Sauce 1 cup Side Salad Garlic bread 1/2 cup Apple Sauce	23 2 oz Pork tenderloin 2 oz Arroz Con Queso Roll ww 1/2 cup Mixed Vegetables orange
26 3oz Beef - Shepard's Pie WW Roll/Bread 1/2 Cup Greens 1 Apple peaches	27 Chicken tetrazzini Side Salad Fruit Cocktail	28 2 Cups Chef Salad WW Roll/Bread 1/2 Cup beets 1/2 cup pears	29 Pizza Cup w/ Marinara Sauce 1/2 Cup Cottage Cheese 1/2 Cup Green Beans 1 banana Peaches	30 3oz Chicken - Burrito 1/4 cup Refried Beans 1/2 cup Stewed Tomatoes 1/2 cup pineapples