



April 26

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		1 cup Beef Stew WW Roll	1 cup Pinto Beans 1 2 in sq cornbread	4oz baked fish 1/2 cup mac and cheese
		1/2 cup pineapple tidbits chefs choice of dessert	1/2 cup cooked greens 1/2 cup potatoes and onions orange	1/2 cup stewed tomatoes 1/2 cup fruit salad
6	7	8	9	10
Chef's Choice	4oz Salisbury Steak WW Roll	1 cup Tuna & Noodles 1/2 cup Lima Beans	1 cup Chicken Vegetable soup Turkey Sandwich	Polish Sausage on WW Bun 1/2 cup Sauerkraut
	1/2 cup Mashed Potatoes 1/2 cup Winter Greens	1/2 cup cabbage 1/2 cup Fruit salad	1/2 cup raw celery sticks 1/2 cup pears Pears	1/2 cup Boiled Potatoes 1/2 cup Baked beans 1/2 cup fruit cocktail
13	14	15	16	17
Sloppy Joe w/ Cheese	Nachos w/ 3 oz Chicken	1 cup Beef Vegetable Soup	1 cup White bean Chicken Chili	3oz ham slice
1/4 cup carrot sticks	1/2 cup Refried Beans	2 oz Roast Beef sandwich WW	1 cube cornbread	1/2 cup green beans
1 cup Side Salad	1/4 cup Tomato/Lettuce	1/2 cup peas	1/2 cup Spinach & beets banana	1/2 cup Mac and cheese
1/2 cup peaches	1/2 cup	1/2 cup Peaches		1/2 c orange glazed sweet potatoes chefs choice of desert.
20	21	22	23	24
6 oz Lasagna w ground turkey	1 cup Chicken Rice Soup	4 oz Tuna Cakes	4oz Beef Stir Fry	2 Pepperoni rolls
Garlic Bread	crackers	1/2 cup Rice	1/2 cup egg noodles	1/2 cup Cottage Cheese
1 cup side salad	1/2 cup Brussle Sprouts	1/2 cup Broccoli	1/2 cup peas	1/4 cup Marinara Sauce
1/2 cup apple Sauce	1/2 cup Raw Veggies	1/2 cup Cauliflower	1/2 cup mandarin oranges	1/2 cup Pizza Green beans
2 oz Peanut Butter Pie	1/2 cup grapes	1/2 cup sliced apples		1/2 cup corn
1/2 cup Fruit Cocktail	1/2 cup peaches	1/2 cup pears chefs choice of desert.		
27	28	29	30	
3oz Beef - Shepard's Pie	Chicken tetrazzini	2 Cups Chef Salad	Pizza Cup w/ Marinara Sauce	
WW Roll/Bread	Side Salad	WW Roll/Bread	1/2 Cup Cottage Cheese	
1/2 Cup Greens	Fruit Cocktail	1/2 Cup beets	1/2 Cup Green Beans	
1 Apple		1/2 cup pears	1 banana	